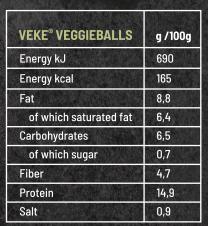
VEKE® Nutrition Information

COOKED PRE-SEASONED FROZEN PRODUCTS 🔆





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- frv in a pan for 3 5 minutes
- bake in the oven at 170 °C for 10 - 12 minutes
- deep-fry at 178 °C for 2 3 minutes

Vegan

Water, vegetable proteins (wheat, pea, broad bean), vegetable oils (coconut, canola), fibres (bamboo, pea), methylcellulose, modified potato starch, iodized salt, sugar, spirit vinegar, seasonings (black and green peppers, allspice, garlic), onion, natural flavouring, lemon, beet iuice concentrate, caramélised sugar.

Allergens: Gluten Manufactured in a facility which



VEKE [®] SOY FINGERS	g /100g
Energy kJ	557
Energy kcal	131
Fat	0,8
of which saturated fat	0,2
Carbohydrates	19,3
of which sugar	1,8
Fiber	4,3
Protein	11,2
Salt	1,4

Preparation:

deep-fry at 178 °C for 1 – 2 minutes

Vegan

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Ingredients:

Water, soy protein concentrate 14%, breading (wheat flour, wheat starch, modified maize starch), wheat gluten, salt, yeast, yeast extract, paprika extract, seasonings (black and white peppers, garlic, cavenne, chili).

Allergens: Soy, gluten

Origin of soy: Europe



VEKE [®] NUGGETS	g /100g
Energy kJ	674
Energy kcal	160
Fat	5
of which saturated fat	2,4
Carbohydrates	14,6
of which sugar	2,1
Fiber	3,9
Protein	13,3
Salt	0,9

Preparation:

- · using plenty of oil, fry in a pan for 3 - 5 minutes
- bake in the oven at 170 °C for 10 - 12 minutes
- deep-fry at 178 °C for 2 3 minutes

Ingredients:

Water, vegetable proteins (wheat, pea, broad bean), vegetable oils (coconut, canola), fibres (bamboo, pea), wheat flour, wheat starch, wheat gluten, emulsifiers (methylcellulose), modified starch (potato, maize), iodized salt, sugar, spirit vinegar, seasonings (black and green peppers, garlic, chili), natural flavouring, lemon, yeast.

Allergens: Gluten Manufactured in a facility which processes sov.





VEKE® PULLED SOY TEX-MEX	g /100g
Energy kJ	361
Energy kcal	85
Fat	0,5
of which saturated fat	0,1
Carbohydrates	7,0
of which sugar	0,8
Fiber	6,8
Protein	14,8
Salt	1

Preparation:

• fry in a pan for 3 - 5 minutes, turning every so often

Salt

Fiber

Protein

Preparation:

VEKE® VEGGIE

Energy kJ

Energy kcal

Carbohydrates

of which sugar

BURGER PATTIES

of which saturated fat

g /100g

894

215

14.5

9,9

6.5

0.8

4,3

14,9

1,3

- fry in a pan for approx. 3 minutes per side
- in the oven at 170 °C for 7 10 minutes

Vegan, gluten-free

Ingredients:

Soy crisps, water, rapeseed oil, tomato purée, cane sugar, sugar, green bell pepper, modified starch, citrus fibre, seasonings (garlic, black pepper, chili, oregano, thyme, cumin, paprika, onion powder, ginger, cinnamon, rosemary), vinegar, salt, preservatives (E202, E211), thickening agent (pectin).

Allergens: Soy

Origin of sov: Europe

Vegan

Ingredients:

Water, vegetable proteins (wheat, pea, broad bean), vegetable oils (coconut, canola), fibres (bamboo, pea), methylcellulose, modified potato starch, iodized salt, sugar, spirit vinegar, seasonings (black and green peppers, garlic), natural flavouring, lemon, beet juice concentrate, caramelised sugar.

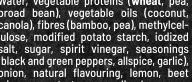
Allergens: Gluten

Manufactured in a facility which

processes soy.

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processes soy.

VEKE® Nutrition Information

UNCOOKED UNSEASONED DRY PRODUCTS 🥂





VEKE® SOY STRIPS	g /100g
Energy kJ	1301
Energy kcal	311
Fat	0,6
of which saturated fat	0,1
Carbohydrates	22,5
of which sugar	1,8
Fiber	20,7
Protein	64,2
Salt	0,3

Preparation:

- soak/cook in water for approx.
 2 minutes
- fry in a pan for 3 5 minutes, turning every so often
- season

Vegan, gluten-free

Ingredients:

Soy protein concentrate, water.

Allergens: Soy

Origin of soy: Europe

